



2021卡尔美杯郑州高新区首届元旦迎新跑
郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

成敬斋

Total time: 36:17

Number: 606_A0606

Speed: 16.54 km/h

Running performance: 3:37 min/km

Course: 10.00 km

男子

Rank in course: 1 (of 84)

Best time in course: 36:17

Category:

男子

Rank in category: 1(of 84)

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 101	-	2:48	-	1	-	1	-	-	2:48	-	1	-	1	-
Kontrolle 101	-	7:43	-	1	-	1	-	-	10:31	-	1	-	1	-
Kontrolle 101	-	7:53	-	1	-	1	-	-	18:24	-	1	-	1	-
Kontrolle 101	-	8:00	-	1	-	1	-	-	26:24	-	1	-	1	-
Finish	-	8:09	-	2	0:07	2	0:07	10.00	36:17	-	1	-	1	-