



2021 卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园 (天健广场枫香西街雪兰路交叉口) / 01.01.2021

Detailed evaluation

李霞

Total time: 1:08:06

Number: 1223_A1223

Speed: 8.81 km/h

Running performance: 6:48 min/km

Course: 10.00 km

女子

Rank in course: 18 (of 38)

Best time in course: 44:04

Category:

Rank in category: 18(of 38)

女子

Best time in the category: 44:04

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Kontrolle 101 | - | 5:30 | - | 18 | 1:55 | 18 | 1:55 | - | 5:30 | - | 18 | 1:55 | 18 | 1:55 |
| Kontrolle 101 | - | 14:10 | - | 17 | 4:29 | 17 | 4:29 | - | 19:40 | - | 17 | 6:24 | 17 | 6:24 |
| Kontrolle 101 | - | 15:18 | - | 25 | 5:54 | 25 | 5:54 | - | 34:58 | - | 19 | 12:17 | 19 | 12:17 |
| Kontrolle 101 | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Finish | - | 15:23 | - | 24 | 6:15 | 24 | 6:15 | 10.00 | 1:08:06 | - | 18 | 24:02 | 18 | 24:02 |