



2021卡尔美杯郑州高新区首届元旦迎新跑  
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

李朝晖

Total time: 1:09:29

Speed: 8.64 km/h

Number: 2001\_A2001

Running performance: 6:56 min/km

Course: 10.00 km

女子

Rank in course: 19 (of 38)

Best time in course: 44:04

Category:

Rank in category: 19(of 38)

女子

Best time in the category: 44:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	5:26	-	17	1:51	17	1:51	-	5:26	-	17	1:51	17	1:51	
Kontrolle 101	-	14:11	-	18	4:30	18	4:30	-	19:37	-	16	6:21	16	6:21	
Kontrolle 101	-	14:37	-	18	5:13	18	5:13	-	34:14	-	17	11:33	17	11:33	
Kontrolle 101	-	15:02	-	16	5:45	16	5:45	-	49:16	-	16	17:18	16	17:18	
Finish	-	14:46	-	16	5:38	16	5:38	10.00	1:09:29	-	19	25:25	19	25:25	