



2021卡尔美杯郑州高新区首届元旦迎新跑
郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

周金安

Total time: 46:18

Number: 1006_A1006

Speed: 12.96 km/h

Running performance: 4:37 min/km

Course: 10.00 km

男子

Rank in course: 11 (of 84)

Best time in course: 36:17

Category:

男子

Rank in category: 11(of 84)

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total ranking				
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 101	-	4:29	-	40	1:41	40	1:41	-	4:29	-	40	1:41	40	1:41
Kontrolle 101	-	9:25	-	7	1:42	7	1:42	-	13:54	-	12	3:23	12	3:23
Kontrolle 101	-	9:35	-	9	1:42	9	1:42	-	23:29	-	9	5:05	9	5:05
Kontrolle 101	-	9:36	-	8	1:36	8	1:36	-	33:05	-	9	6:41	9	6:41
Finish	-	9:59	-	11	1:57	11	1:57	10.00	46:18	-	11	10:01	11	10:01