



2021卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

李国锋

Total time: 51:06

Speed: 11.74 km/h

Number: 71_A0071

Running performance: 5:06 min/km

Course: 10.00 km

男子

Rank in course: 18 (of 84)

Best time in course: 36:17

Category:

Rank in category: 18(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	4:26	-	34	1:38	34	1:38	-	4:26	-	34	1:38	34	1:38	
Kontrolle 101	-	10:45	-	19	3:02	19	3:02	-	15:11	-	23	4:40	23	4:40	
Kontrolle 101	-	10:51	-	18	2:58	18	2:58	-	26:02	-	19	7:38	19	7:38	
Kontrolle 101	-	10:49	-	16	2:49	16	2:49	-	36:51	-	18	10:27	18	10:27	
Finish	-	10:43	-	16	2:41	16	2:41	10.00	51:06	-	18	14:49	18	14:49	