



2021卡尔美杯郑州高新区首届元旦迎新跑
郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

李洪举

Total time: 51:19

Number: 3333_A3333

Speed: 11.69 km/h

Running performance: 5:07 min/km

Course: 10.00 km

男子

Rank in course: 19 (of 84)

Best time in course: 36:17

Category:

男子

Rank in category: 19(of 84)

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 101	-	3:56	-	13	1:08	13	1:08	-	3:56	-	13	1:08	13	1:08
Kontrolle 101	-	10:59	-	24	3:16	24	3:16	-	14:55	-	19	4:24	19	4:24
Kontrolle 101	-	11:10	-	23	3:17	23	3:17	-	26:05	-	22	7:41	22	7:41
Kontrolle 101	-	11:08	-	20	3:08	20	3:08	-	37:13	-	20	10:49	20	10:49
Finish	-	11:00	-	22	2:58	22	2:58	10.00	51:19	-	19	15:02	19	15:02