



2021卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

段继武

Total time: 51:56

Number: 66_A0066

Speed: 11.55 km/h

Running performance: 5:11 min/km

Course: 10.00 km

男子

Rank in course: 23 (of 84)

Best time in course: 36:17

Category:

Rank in category: 23(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Kontrolle 101	-	4:22	-	28	1:34	28	1:34	-	4:22	-	28	1:34	28	1:34
Kontrolle 101	-	10:48	-	20	3:05	20	3:05	-	15:10	-	22	4:39	22	4:39
Kontrolle 101	-	11:08	-	21	3:15	21	3:15	-	26:18	-	24	7:54	24	7:54
Kontrolle 101	-	11:04	-	19	3:04	19	3:04	-	37:22	-	24	10:58	24	10:58
Finish	-	10:54	-	20	2:52	20	2:52	10.00	51:56	-	23	15:39	23	15:39