



2021卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

牛保平

Total time: 56:36

Speed: 10.60 km/h

Number: 1023_A1023

Running performance: 5:39 min/km

Course: 10.00 km

男子

Rank in course: 34 (of 84)

Best time in course: 36:17

Category:

Rank in category: 34(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Kontrolle 101	-	4:37	-	42	1:49	42	1:49	-	4:37	-	42	1:49	42	1:49
Kontrolle 101	-	12:28	-	42	4:45	42	4:45	-	17:05	-	42	6:34	42	6:34
Kontrolle 101	-	12:06	-	34	4:13	34	4:13	-	29:11	-	35	10:47	35	10:47
Kontrolle 101	-	11:52	-	28	3:52	28	3:52	-	41:03	-	32	14:39	32	14:39
Finish	-	11:39	-	35	3:37	35	3:37	10.00	56:36	-	34	20:19	34	20:19