



2021 卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园 (天健广场枫香西街雪兰路交叉口) / 01.01.2021

Detailed evaluation

谢冰

Total time: 56:50

Speed: 10.56 km/h

Number: 1011_A1011

Running performance: 5:41 min/km

Course: 10.00 km

男子

Rank in course: 36 (of 84)

Best time in course: 36:17

Category:

Rank in category: 36(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	4:39	-	45	1:51	45	1:51	-	4:39	-	45	1:51	45	1:51	
Kontrolle 101	-	12:02	-	35	4:19	35	4:19	-	16:41	-	38	6:10	38	6:10	
Kontrolle 101	-	12:32	-	40	4:39	40	4:39	-	29:13	-	37	10:49	37	10:49	
Kontrolle 101	-	12:00	-	34	4:00	34	4:00	-	41:13	-	34	14:49	34	14:49	
Finish	-	11:37	-	32	3:35	32	3:35	10.00	56:50	-	36	20:33	36	20:33	