



2021卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

刘书英

Total time: 56:59

Speed: 10.53 km/h

Number: 1008_A1008

Running performance: 5:41 min/km

Course: 10.00 km

男子

Rank in course: 37 (of 84)

Best time in course: 36:17

Category:

Rank in category: 37(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|---------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------|-------|-------------|----------------|---------------|--------------|-----------------|
| | | | | | | Pos Total | Behind Total | km | Time | | | min/km | Pos Total | Behind Total |
| Kontrolle 101 | - | 5:07 | - | 56 | 2:19 | 56 | 2:19 | - | 5:07 | - | 56 | 2:19 | 56 | 2:19 |
| Kontrolle 101 | - | 12:02 | - | 35 | 4:19 | 35 | 4:19 | - | 17:09 | - | 44 | 6:38 | 44 | 6:38 |
| Kontrolle 101 | - | 12:02 | - | 33 | 4:09 | 33 | 4:09 | - | 29:11 | - | 35 | 10:47 | 35 | 10:47 |
| Kontrolle 101 | - | 12:22 | - | 39 | 4:22 | 39 | 4:22 | - | 41:33 | - | 41 | 15:09 | 41 | 15:09 |
| Finish | - | 11:27 | - | 27 | 3:25 | 27 | 3:25 | 10.00 | 56:59 | - | 37 | 20:42 | 37 | 20:42 |