



2021卡尔美杯郑州高新区首届元旦迎新跑  
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

李洪涛

Total time: 59:02

Number: 8010\_A8010

Speed: 10.16 km/h

Running performance: 5:54 min/km

Course: 10.00 km

男子

Rank in course: 42 (of 84)

Best time in course: 36:17

Category:

男子

Rank in category: 42(of 84)

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	4:38	-	43	1:50	43	1:50	-	4:38	-	43	1:50	43	1:50	
Kontrolle 101	-	12:49	-	53	5:06	53	5:06	-	17:27	-	50	6:56	50	6:56	
Kontrolle 101	-	12:42	-	45	4:49	45	4:49	-	30:09	-	46	11:45	46	11:45	
Kontrolle 101	-	12:28	-	41	4:28	41	4:28	-	42:37	-	43	16:13	43	16:13	
Finish	-	12:07	-	43	4:05	43	4:05	10.00	59:02	-	42	22:45	42	22:45	