



2021 卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园 (天健广场枫香西街雪兰路交叉口) / 01.01.2021

Detailed evaluation

闫长富

Total time: 1:01:13

Speed: 9.80 km/h

Number: 1985_A1985

Running performance: 6:07 min/km

Course: 10.00 km

男子

Rank in course: 49 (of 84)

Best time in course: 36:17

Category:

Rank in category: 49(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Total	Behind Total	
								km	Time	min/km	Pos	Behind	Pos					Behind
Kontrolle 101	-	5:31	-	64	2:43	64	2:43	-	5:31	-	64	2:43	64	2:43	64	2:43	64	2:43
Kontrolle 101	-	12:51	-	54	5:08	54	5:08	-	18:22	-	61	7:51	61	7:51	61	7:51	61	7:51
Kontrolle 101	-	12:52	-	47	4:59	47	4:59	-	31:14	-	53	12:50	53	12:50	53	12:50	53	12:50
Kontrolle 101	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Finish	-	13:14	-	49	5:12	49	5:12	10.00	1:01:13	-	49	24:56	49	24:56	49	24:56	49	24:56