



2021 卡尔美杯郑州高新区首届元旦迎新跑
郑州高新区天健湖公园 (天健广场枫香西街雪兰路交叉口) / 01.01.2021

Detailed evaluation

尚帅

Total time: 1:03:08

Number: 8_A0008

Speed: 9.50 km/h

Running performance: 6:18 min/km

Course: 10.00 km

男子

Rank in course: 54 (of 84)

Best time in course: 36:17

Category:

男子

Rank in category: 54(of 84)

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	4:53	-	51	2:05	51	2:05	-	4:53	-	51	2:05	51	2:05	
Kontrolle 101	-	12:53	-	58	5:10	58	5:10	-	17:46	-	57	7:15	57	7:15	
Kontrolle 101	-	13:42	-	59	5:49	59	5:49	-	31:28	-	57	13:04	57	13:04	
Kontrolle 101	-	14:01	-	54	6:01	54	6:01	-	45:29	-	54	19:05	54	19:05	
Finish	-	13:15	-	51	5:13	51	5:13	10.00	1:03:08	-	54	26:51	54	26:51	