



2021卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

郭明星

Total time: 1:05:49

Speed: 9.12 km/h

Number: 69_A0069

Running performance: 6:34 min/km

Course: 10.00 km

男子

Rank in course: 59 (of 84)

Best time in course: 36:17

Category:

Rank in category: 59(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	4:21	-	27	1:33	27	1:33	-	4:21	-	27	1:33	27	1:33	
Kontrolle 101	-	12:47	-	52	5:04	52	5:04	-	17:08	-	43	6:37	43	6:37	
Kontrolle 101	-	14:09	-	65	6:16	65	6:16	-	31:17	-	54	12:53	54	12:53	
Kontrolle 101	-	14:45	-	60	6:45	60	6:45	-	46:02	-	60	19:38	60	19:38	
Finish	-	14:55	-	64	6:53	64	6:53	10.00	1:05:49	-	59	29:32	59	29:32	