



2021 卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园 (天健广场枫香西街雪兰路交叉口) / 01.01.2021

Detailed evaluation

王帅

Total time: 1:05:50

Number: 68_A0068

Speed: 9.11 km/h

Running performance: 6:34 min/km

Course: 10.00 km

男子

Rank in course: 60 (of 84)

Best time in course: 36:17

Category:

Rank in category: 60(of 84)

男子

Best time in the category: 36:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	5:19	-	63	2:31	63	2:31	-	5:19	-	63	2:31	63	2:31	
Kontrolle 101	-	13:03	-	60	5:20	60	5:20	-	18:22	-	61	7:51	61	7:51	
Kontrolle 101	-	13:08	-	50	5:15	50	5:15	-	31:30	-	61	13:06	61	13:06	
Kontrolle 101	-	14:31	-	59	6:31	59	6:31	-	46:01	-	59	19:37	59	19:37	
Finish	-	14:56	-	65	6:54	65	6:54	10.00	1:05:50	-	60	29:33	60	29:33	