



2021卡尔美杯郑州高新区首届元旦迎新跑  
郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

## Detailed evaluation

秦进军

Total time: 44:43

Number: 1009\_A1009

Speed: 13.42 km/h

Running performance: 4:28 min/km

Course: 10.00 km

男子

Rank in course: 7 (of 84)

Best time in course: 36:17

Category:

男子

Rank in category: 7(of 84)

Best time in the category: 36:17

## Intermediate times

## Stage score

## Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total ranking				
						Pos Total	Behind Total	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 101	-	4:06	-	22	1:18	22	1:18	-	4:06	-	22	1:18	22	1:18
Kontrolle 101	-	9:28	-	8	1:45	8	1:45	-	13:34	-	9	3:03	9	3:03
Kontrolle 101	-	9:21	-	7	1:28	7	1:28	-	22:55	-	8	4:31	8	4:31
Kontrolle 101	-	9:20	-	7	1:20	7	1:20	-	32:15	-	7	5:51	7	5:51
Finish	-	9:18	-	7	1:16	7	1:16	10.00	44:43	-	7	8:26	7	8:26