



2021卡尔美杯郑州高新区首届元旦迎新跑
郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

黎诗怡

Total time: 44:04

Number: 1030_T1030

Speed: 13.62 km/h

Running performance: 4:24 min/km

Course: 10.00 km

女子

Rank in course: 1 (of 38)

Best time in course: 44:04

Category:

女子

Rank in category: 1(of 38)

Best time in the category: 44:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Kontrolle 101	-	3:35	-	1	-	1	-	-	3:35	-	1	-	1	-	
Kontrolle 101	-	9:41	-	1	-	1	-	-	13:16	-	1	-	1	-	
Kontrolle 101	-	9:25	-	4	0:01	4	0:01	-	22:41	-	1	-	1	-	
Kontrolle 101	-	9:18	-	2	0:01	2	0:01	-	31:59	-	2	0:01	2	0:01	
Finish	-	9:08	-	1	-	1	-	10.00	44:04	-	1	-	1	-	