



2021 卡尔美杯郑州高新区首届元旦迎新跑  
 郑州高新区天健湖公园 (天健广场枫香西街雪兰路交叉口) / 01.01.2021

Detailed evaluation

朱豪侠

Total time: 52:06

Speed: 11.52 km/h

Number: 7777\_A7777

Running performance: 5:12 min/km

Course: 10.00 km

女子

Rank in course: 7 (of 38)

Best time in course: 44:04

Category:

Rank in category: 7(of 38)

女子

Best time in the category: 44:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Kontrolle 101	-	5:41	-	26	2:06	26	2:06	-	5:41	-	26	2:06	26	2:06
Kontrolle 101	-	14:59	-	22	5:18	22	5:18	-	20:40	-	22	7:24	22	7:24
Kontrolle 101	-	13:23	-	14	3:59	14	3:59	-	34:03	-	16	11:22	16	11:22
Kontrolle 101	-	fehlt!	-	-	-	-	-	-	-	-	-	-	-	-
Finish	-	13:07	-	12	3:59	12	3:59	10.00	52:06	-	7	8:02	7	8:02