



2021 卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园 (天健广场枫香西街雪兰路交叉口) / 01.01.2021

Detailed evaluation

韩凤霞

Total time: 52:12

Number: 808_A0808

Speed: 11.49 km/h

Running performance: 5:13 min/km

Course: 10.00 km

女子

Rank in course: 8 (of 38)

Best time in course: 44:04

Category:

Rank in category: 8(of 38)

女子

Best time in the category: 44:04

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|---------------|-------------|---------------|-----------------|-------------|----------------|-------------|--------|-------|-------|-------------|----------------|---------------|-------|--------|
| | | | | | | Total | Behind | Total | Time | | | min/km | Total | Behind |
| Kontrolle 101 | - | 3:59 | - | 5 | 0:24 | 5 | 0:24 | - | 3:59 | - | 5 | 0:24 | 5 | 0:24 |
| Kontrolle 101 | - | 10:54 | - | 7 | 1:13 | 7 | 1:13 | - | 14:53 | - | 6 | 1:37 | 6 | 1:37 |
| Kontrolle 101 | - | 11:12 | - | 7 | 1:48 | 7 | 1:48 | - | 26:05 | - | 7 | 3:24 | 7 | 3:24 |
| Kontrolle 101 | - | 11:09 | - | 7 | 1:52 | 7 | 1:52 | - | 37:14 | - | 7 | 5:16 | 7 | 5:16 |
| Finish | - | 11:03 | - | 6 | 1:55 | 6 | 1:55 | 10.00 | 52:12 | - | 8 | 8:08 | 8 | 8:08 |