



2021卡尔美杯郑州高新区首届元旦迎新跑
 郑州高新区天健湖公园（天健广场枫香西街雪兰路交叉口） / 01.01.2021

Detailed evaluation

李小丽

Total time: 1:01:19

Speed: 9.79 km/h

Number: 2011_A2011

Running performance: 6:07 min/km

Course: 10.00 km

女子

Rank in course: 12 (of 38)

Best time in course: 44:04

Category:

Rank in category: 12(of 38)

女子

Best time in the category: 44:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Kontrolle 101	-	5:02	-	13	1:27	13	1:27	-	5:02	-	13	1:27	13	1:27
Kontrolle 101	-	12:47	-	12	3:06	12	3:06	-	17:49	-	13	4:33	13	4:33
Kontrolle 101	-	13:25	-	15	4:01	15	4:01	-	31:14	-	13	8:33	13	8:33
Kontrolle 101	-	13:08	-	14	3:51	14	3:51	-	44:22	-	14	12:24	14	12:24
Finish	-	12:38	-	11	3:30	11	3:30	10.00	1:01:19	-	12	17:15	12	17:15