



18. HÖLLWAND-MARATHON

Weltmeisterstadt Gumpelstadt / 19.09.2021

Detailed evaluation

Lisdau, Danny

Club: Dallgower Laufdaddys

Number: 2110

Course: 21.60 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:49:38

Speed: 7.64 km/h

Running performance: 7:51 min/km

Rank in course/Total: 9 (of 11)

Rank in course/Men: 7 (of 9)

Best time in course: 1:44:41

Rank in category: 3(of 3)

Best time in the category: 1:53:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wartburg	21.60	2:49:38	7:51	3	55:54	8	1:04:57	21.60	2:49:38	7:51	3	55:54	8	1:04:57
Gumpelstadt	21.20	fehlt!	-	-	-	-	-	21.60	-	-	3	-	7	-