



18. HÖLLWAND-MARATHON

Weltmeisterstadt Gumpelstadt / 19.09.2021

Detailed evaluation

Albrecht, Frank

Club: Altes Eisen

Number: 4201

Course: 43.20 km

Höllwand-Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 6:12:14

Speed: 6.93 km/h

Running performance: 8:37 min/km

Rank in course/Total: 24 (of 25)

Rank in course/Men: 19 (of 19)

Best time in course: 3:38:15

Rank in category: 3(of 3)

Best time in the category: 4:55:06

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-------------|-------|---------|--------|------|---------|-----|---------|-------|---------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Wartburg | 21.60 | 2:44:00 | 7:35 | 3 | 14:53 | 19 | 55:13 | 21.60 | 2:44:00 | 7:35 | 3 | 14:53 | 19 | 55:13 |
| Gumpelstadt | 21.20 | 3:28:14 | 9:49 | 3 | 1:02:15 | 19 | 1:39:05 | 43.20 | 6:12:14 | 8:36 | 3 | 1:17:08 | 19 | 2:33:59 |