



40. Kienberglauf
Oehrenstock / 26.09.2021

Detailed evaluation

Jurkschat, Wolf

Club: Rennsteiglaufverein
Number: 984

Course: 11.50 km
11 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:00

Speed: 14.08 km/h
Running performance: 4:16 min/km

Rank in course/Total: 2 (of 28)

Rank in course/Men: 2 (of 19)

Best time in course: 48:25

Rank in category: 1(of 3)

Best time in the category: 49:00