



40. Kienberglauf  
Oehrenstock / 26.09.2021

## Detailed evaluation

**Seever, Thorsten**

Club: Sg Motor Arnstadt  
Number: 977

Course: 11.50 km  
11 km Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:01:15

Speed: 10.78 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 9 (of 28)

Rank in course/Men: 8 (of 19)

Best time in course: 48:25

Rank in category: 1(of 1)

Best time in the category: 1:01:15