



40. Kienberglauf  
Oehrenstock / 26.09.2021

## Detailed evaluation

Holighaus, Claudia

Club: Fit mit Schmidt  
Number: 964

Course: 11.50 km  
11 km Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:07:31

Speed: 9.78 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 14 (of 28)

Rank in course/Women: 5 (of 9)

Best time in course: 58:48

Rank in category: 1(of 1)

Best time in the category: 1:07:31