



40. Kienberglauf
Oehrenstock / 26.09.2021

Detailed evaluation

Hempel, Ernst

Club: Saalfelder LV
Number: 961

Course: 11.50 km
11 km Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:11:51

Speed: 9.60 km/h
Running performance: 6:15 min/km

Rank in course/Total: 23 (of 28)

Rank in course/Men: 16 (of 19)

Best time in course: 48:25

Rank in category: 1(of 2)

Best time in the category: 1:11:51