



40. Kienberglauf
Oehrenstock / 26.09.2021

Detailed evaluation

Knüpper, Jörg

Club: Südthuringentrail e.V.
Number: 872

Course: 16.60 km
16 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:22:29

Speed: 11.64 km/h
Running performance: 4:58 min/km

Rank in course/Total: 6 (of 24)

Rank in course/Men: 6 (of 20)

Best time in course: 1:09:43

Rank in category: 1(of 4)

Best time in the category: 1:22:29