



40. Kienberglauf  
Oehrenstock / 26.09.2021

## Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau  
Number: 958

Course: 11.50 km  
11 km Lauf

Category:  
Senioren M80 (80-84 Jahre)

Total time: 1:23:02

Speed: 7.95 km/h  
Running performance: 7:13 min/km

Rank in course/Total: 27 (of 28)

Rank in course/Men: 19 (of 19)

Best time in course: 48:25

Rank in category: 2(of 2)

Best time in the category: 1:09:38