



40. Kienberglauf
Oehrenstock / 26.09.2021

Detailed evaluation

Senglaub, Arvid

Club: Die flinken Gerataler
Number: 881

Course: 16.60 km
16 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:26:10

Speed: 11.14 km/h
Running performance: 5:11 min/km

Rank in course/Total: 10 (of 24)

Rank in course/Men: 9 (of 20)

Best time in course: 1:09:43

Rank in category: 1(of 2)

Best time in the category: 1:26:10