



40. Kienberglauf
Oehrenstock / 26.09.2021

Detailed evaluation

Thomas, Christian

Club: LAV Saale-Rennsteig
Number: 879

Course: 16.60 km
16 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:30:31

Speed: 10.61 km/h
Running performance: 5:27 min/km

Rank in course/Total: 12 (of 24)

Rank in course/Men: 11 (of 20)

Best time in course: 1:09:43

Rank in category: 3(of 3)

Best time in the category: 1:09:43