



40. Kienberglauf
Oehrenstock / 26.09.2021

Detailed evaluation

Luc, Ronny

Club: Langewiesen
Number: 874

Course: 16.60 km
16 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:31:27

Speed: 10.50 km/h
Running performance: 5:31 min/km

Rank in course/Total: 14 (of 24)

Rank in course/Men: 13 (of 20)

Best time in course: 1:09:43

Rank in category: 4(of 4)

Best time in the category: 1:19:03