



40. Kienberglauf  
Oehrenstock / 26.09.2021

## Detailed evaluation

**Kohl, Heike**

Club: Die flinken Gerataler  
Number: 892

Course: 16.60 km  
16 km Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:34:20

Speed: 10.18 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 17 (of 24)

Rank in course/Women: 2 (of 4)

Best time in course: 1:23:23

Rank in category: 1(of 1)

Best time in the category: 1:34:20