



9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

Detailed evaluation

Ramona Heerd

Total time: 2:34:02

Club: Eintracht Frankfurt Triathlon

Number: 46

Course: 49.25 km

Rank in course/Total: 53 (of 64)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Women: 7 (of 9)

Best time in course: 2:15:55

Category:

Rank in category: 1(of 1)

Seniorinnen 1 WK40

Best time in the category: 2:34:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.25	29:13	23:22	1	-	8	8:31	1.25	29:13	23:22	1	-	10	8:31
Wechsel S -> R	-	3:10	-	1	-	4	1:13	1.25	32:23	25:54	1	-	10	9:44
Schwimmen Total	1.25	32:23	25:54	1	-	10	9:44	1.25	32:23	25:54	1	-	10	9:44
Rad netto	38.00	1:10:24	1:51	1	-	4	5:50	39.25	1:42:47	2:37	1	-	10	14:45
Wechsel R -> L	-	1:05	-	1	-	3	0:06	39.25	1:43:52	2:38	1	-	10	14:51
Rad Total	38.00	1:11:29	1:52	1	-	4	5:23	39.25	1:43:52	2:38	1	-	10	14:51
Lauf	10.00	50:10	5:00	1	-	5	7:50	49.25	2:34:02	3:07	1	-	7	18:07