



9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

Detailed evaluation

Holger Löschen

Total time: 1:13:30

Club: Karate Gießen

Number: 284

Course: 25.55 km

Rank in course/Total: 41 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 34 (of 59)

Best time in course: 57:06

Category:

Rank in category: 6(of 8)

Senioren 2 MK45

Best time in the category: 1:04:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	12:23	22:30	5	4:10	43	4:57	0.55	12:23	22:30	5	4:10	60	4:57
Wechsel S -> R	-	2:07	-	3	0:20	20	0:34	0.55	14:30	26:21	5	4:30	60	5:31
Schwimmen Total	0.55	14:30	26:21	5	4:30	60	5:31	0.55	14:30	26:21	5	4:30	60	5:31
Rad netto	20.00	34:07	1:42	4	5:00	27	12:41	20.55	48:37	2:21	6	5:53	60	9:08
Wechsel R -> L	-	1:11	-	5	0:20	36	0:33	20.55	49:48	2:25	5	6:13	60	9:28
Rad Total	20.00	35:18	1:45	4	4:25	28	11:48	20.55	49:48	2:25	5	6:13	60	9:28
Lauf	5.00	23:42	4:44	6	2:58	33	6:56	25.55	1:13:30	2:52	6	8:48	34	16:24