



9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

Detailed evaluation

Sonja Gierok

Total time: 1:17:37

Club: RVW 1912 Gambach

Number: 276

Course: 25.55 km

Rank in course/Total: 48 (of 84)

Chari Tria (0,55-20,0-5,0)

Rank in course/Women: 9 (of 25)

Best time in course: 55:34

Category:

Rank in category: 1(of 3)

Seniorinnen 3 WK50

Best time in the category: 1:17:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.55	11:45	21:21	3	0:54	14	3:46	0.55	11:45	21:21	3	0:54	25	3:46
Wechsel S -> R	-	3:18	-	3	0:43	18	1:35	0.55	15:03	27:21	3	1:07	25	4:54
Schwimmen Total	0.55	15:03	27:21	3	1:07	25	4:54	0.55	15:03	27:21	3	1:07	25	4:54
Rad netto	20.00	36:04	1:48	1	-	7	15:00	20.55	51:07	2:29	1	-	26	17:57
Wechsel R -> L	-	1:23	-	3	0:12	20	0:44	20.55	52:30	2:33	1	-	26	18:06
Rad Total	20.00	37:27	1:52	1	-	7	15:09	20.55	52:30	2:33	1	-	26	18:06
Lauf	5.00	25:07	5:01	2	1:29	11	4:48	25.55	1:17:37	3:02	1	-	9	22:03