



9. VR Bank ChariTria Bünden

Bünden / 22.08.2021

Detailed evaluation

Sara Kourebanas

Total time: 2:27:18

Club: Eintracht Frankfurt Triathlon

Number: 48

Course: 49.25 km

Rank in course/Total: 41 (of 64)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Women: 3 (of 9)

Best time in course: 2:15:55

Category:

Rank in category: 1(of 3)

Frauen AK4

Best time in the category: 2:27:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.25	28:22	22:41	3	2:38	7	7:40	1.25	28:22	22:41	4	2:38	10	7:40
Wechsel S -> R	-	3:15	-	2	0:04	6	1:18	1.25	31:37	25:17	4	2:42	10	8:58
Schwimmen Total	1.25	31:37	25:17	4	2:42	10	8:58	1.25	31:37	25:17	4	2:42	10	8:58
Rad netto	38.00	1:06:05	1:44	1	-	3	1:31	39.25	1:37:42	2:29	1	-	10	9:40
Wechsel R -> L	-	1:18	-	2	0:03	5	0:19	39.25	1:39:00	2:31	1	-	10	9:59
Rad Total	38.00	1:07:23	1:46	1	-	3	1:17	39.25	1:39:00	2:31	1	-	10	9:59
Lauf	10.00	48:18	4:49	2	3:31	3	5:58	49.25	2:27:18	2:59	1	-	3	11:23