



2. Werratalmarathon

Treffurt / 18.07.2021

Detailed evaluation

Ponick, Julius

Club: München

Number: 451

Course: 42.20 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 3:53:33

Speed: 10.79 km/h

Running performance: 5:32 min/km

Rank in course/Total: 19 (of 73)

Rank in course/Men: 16 (of 66)

Best time in course: 2:46:25

Rank in category: 2(of 2)

Best time in the category: 3:08:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:01:49	5:17	2	10:19	17	16:37	11.70	1:01:49	5:17	2	10:19	17	16:37
Buchenau	11.80	1:01:19	5:11	2	11:18	18	16:11	23.50	2:03:08	5:14	2	21:37	17	32:48
Frankenroda	9.40	52:22	5:34	2	8:40	19	32:58	32.90	2:55:30	5:20	2	30:17	17	47:07
Uferstraße in Tre	9.30	58:03	6:14	2	14:47	27	20:01	42.20	3:53:33	5:32	2	45:04	16	1:07:08