



2. Werratalmarathon

Treffurt / 18.07.2021

Detailed evaluation

Jilg, Alfred

Club: TV Hessisch Lichtenau

Number: 427

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:17:54

Speed: 9.77 km/h

Running performance: 6:07 min/km

Rank in course/Total: 43 (of 73)

Rank in course/Men: 37 (of 66)

Best time in course: 2:46:25

Rank in category: 7(of 15)

Best time in the category: 3:55:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:11:11	6:05	8	6:04	38	25:59	11.70	1:11:11	6:05	8	6:04	38	25:59
Buchenau	11.80	1:09:32	5:53	10	7:08	41	24:24	23.50	2:20:43	5:59	8	12:50	38	50:23
Frankenroda	9.40	54:52	5:50	2	3:41	22	35:28	32.90	3:15:35	5:56	7	12:35	34	1:07:12
Uferstraße in Tre	9.30	1:02:19	6:42	7	10:17	37	24:17	42.20	4:17:54	6:06	7	22:52	37	1:31:29