



2. Werratalmarathon

Treffurt / 18.07.2021

Detailed evaluation

Ostmann, Heiko

Club: LT Nauen-Falkensee

Number: 449

Course: 42.20 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:52:24

Speed: 8.62 km/h

Running performance: 6:56 min/km

Rank in course/Total: 60 (of 73)

Rank in course/Men: 54 (of 66)

Best time in course: 2:46:25

Rank in category: 14(of 16)

Best time in the category: 3:20:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:19:46	6:49	15	24:23	59	34:34	11.70	1:19:46	6:49	15	24:23	59	34:34
Buchenau	11.80	1:17:24	6:33	14	23:27	53	32:16	23.50	2:37:10	6:41	14	47:50	54	1:06:50
Frankenroda	9.40	1:07:07	7:08	15	22:47	56	47:43	32.90	3:44:17	6:49	14	1:10:37	52	1:35:54
Uferstraße in Tre	9.30	1:08:07	7:19	13	21:47	48	30:05	42.20	4:52:24	6:55	14	1:32:24	54	2:05:59