



2. Werratalmarathon

Treffurt / 18.07.2021

Detailed evaluation

Metzing, Aline

Club: Amt Kreuzburg

Number: 441

Course: 42.20 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 5:00:24

Speed: 8.39 km/h

Running performance: 7:07 min/km

Rank in course/Total: 63 (of 73)

Rank in course/Women: 7 (of 7)

Best time in course: 3:15:02

Rank in category: 2(of 2)

Best time in the category: 4:11:31

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ifta | 11.70 | 1:16:46 | 6:33 | 2 | 5:37 | 7 | 21:51 | 11.70 | 1:16:46 | 6:33 | 2 | 5:37 | 7 | 21:51 |
| Buchenau | 11.80 | 1:20:45 | 6:50 | 2 | 11:12 | 7 | 27:11 | 23.50 | 2:37:31 | 6:42 | 2 | 16:49 | 7 | 49:02 |
| Frankenroda | 9.40 | 1:11:24 | 7:35 | 2 | 16:30 | 7 | 27:47 | 32.90 | 3:48:55 | 6:57 | 2 | 33:19 | 7 | 1:16:49 |
| Uferstraße in Tre | 9.30 | 1:11:29 | 7:41 | 2 | 15:34 | 7 | 28:33 | 42.20 | 5:00:24 | 7:07 | 2 | 48:53 | 7 | 1:45:22 |