



2. Werratalmarathon

Treffurt / 18.07.2021

Detailed evaluation

Helle, Friedrich

Club: Hardissen

Number: 420

Course: 42.20 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 5:24:06

Speed: 7.78 km/h

Running performance: 7:41 min/km

Rank in course/Total: 67 (of 73)

Rank in course/Men: 60 (of 66)

Best time in course: 2:46:25

Rank in category: 13(of 15)

Best time in the category: 3:55:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ifta	11.70	1:28:53	7:35	15	23:46	66	43:41	11.70	1:28:53	7:35	15	23:46	66	43:41
Buchenau	11.80	1:28:39	7:30	14	26:15	61	43:31	23.50	2:57:32	7:33	14	49:39	64	1:27:12
Frankenroda	9.40	1:12:19	7:41	13	21:08	57	52:55	32.90	4:09:51	7:35	14	1:06:51	61	2:01:28
Uferstraße in Tre	9.30	1:14:15	7:59	12	22:13	55	36:13	42.20	5:24:06	7:40	13	1:29:04	60	2:37:41