



2. Werratalmarathon

Treffurt / 18.07.2021

Detailed evaluation

Deger, Sören

Club: Spiridon Frankfurt

Number: 409

Course: 42.20 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:46:25

Speed: 15.14 km/h

Running performance: 3:56 min/km

Rank in course/Total: 1 (of 73)

Rank in course/Men: 1 (of 66)

Best time in course: 2:46:25

Rank in category: 1(of 9)

Best time in the category: 2:46:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				km	Time	min/km	Cat.
Ifta	11.70	45:12	3:51	1	-	1	-	11.70	45:12	3:51	1	-	1	-
Buchenau	11.80	45:08	3:49	1	-	1	-	23.50	1:30:20	3:50	1	-	1	-
Frankenroda	9.40	38:03	4:02	1	-	2	18:39	32.90	2:08:23	3:54	1	-	1	-
Uferstraße in Tre	9.30	38:02	4:05	1	-	1	-	42.20	2:46:25	3:56	1	-	1	-