



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

Heym, Andreas

Club: EDEKA-Team ERFURT  
Number: 217

Course: 3.50 km  
Jugend- und Jedermannlauf

Category:  
Jedermann

Total time: 16:00

Speed: 11.25 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 11 (of 48)

Rank in course/Men: 8 (of 24)

Best time in course: 12:58

Rank in category: 1(of 10)

Best time in the category: 16:00