



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Erdmann, Helena

Club: LSV Lok Arnstadt
Number: 207

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
Jederfrau

Total time: 17:32

Speed: 10.27 km/h
Running performance: 5:01 min/km

Rank in course/Total: 25 (of 48)
Rank in course/Women: 10 (of 24)
Best time in course: 15:17

Rank in category: 1(of 6)
Best time in the category: 17:32