



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Freitag, Peter-Michael

Club: Freitagsfamily

Number: 212

Course: 3.50 km

Jugend- und Jedermannlauf

Category:

Jedermann

Total time: 19:40

Speed: 9.15 km/h

Running performance: 5:37 min/km

Rank in course/Total: 34 (of 48)

Rank in course/Men: 18 (of 24)

Best time in course: 12:58

Rank in category: 6(of 10)

Best time in the category: 16:00