



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Freitag, Undine

Club: Freitagsfamily
Number: 213

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
Jederfrau

Total time: 21:57

Speed: 8.20 km/h
Running performance: 6:16 min/km

Rank in course/Total: 43 (of 48)
Rank in course/Women: 22 (of 24)
Best time in course: 15:17

Rank in category: 4(of 6)
Best time in the category: 17:32