



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Sander, Laura

Number: 235

Course: 3.50 km

Jugend- und Jedermannlauf

Category:

Jederfrau

Total time: 28:39

Speed: 6.28 km/h

Running performance: 8:11 min/km

Rank in course/Total: 47 (of 48)

Rank in course/Women: 23 (of 24)

Best time in course: 15:17

Rank in category: 5(of 6)

Best time in the category: 17:32