



43. Alteburglauf
 Arnstadt / 06.05.2022

Detailed evaluation

Holland-Moritz, Denny

Club: Rennsteiglaufverein
 Number: 13

Course: 21.10 km
 Halbmarathon

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:26:29

Speed: 14.57 km/h
 Running performance: 4:06 min/km

Rank in course/Total: 1 (of 32)

Rank in course/Men: 1 (of 29)

Best time in course: 1:26:29

Rank in category: 1(of 8)

Best time in the category: 1:26:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	10.40	42:20	4:04	1	-	1	-	10.40	42:20	4:04	1	-	1	-
Alteburg-Turm	10.70	44:09	4:07	2	19:44	2	19:44	21.10	1:26:29	4:05	1	-	1	-