



43. Alteburglauf  
Arnstadt / 06.05.2022

Detailed evaluation

Knolle, Tobias

Club: Erfurt  
Number: 33

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:35:33

Speed: 13.25 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 4 (of 32)

Rank in course/Men: 4 (of 29)

Best time in course: 1:26:29

Rank in category: 3(of 8)

Best time in the category: 1:26:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	10.40	1:11:08	6:50	8	28:48	29	28:48	10.40	1:11:08	6:50	8	28:48	29	28:48
Alteburg-Turm	10.70	24:25	2:16	1	-	1	-	21.10	1:35:33	4:31	3	9:04	4	9:04