



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

**Keith, Kevin**

Club: RSV Adler Arnstadt  
Number: 98

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 42:34

Speed: 14.10 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 3 (of 86)

Rank in course/Men: 3 (of 61)

Best time in course: 40:39

Rank in category: 1(of 5)

Best time in the category: 42:34